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# JUNIOR PAN-AMERICAN TEST EVENT UNDER 21

**“VALLE ORO PURO – VALLE INVENCIBLE”**

**LAGO CALIMA – COLOMBIA  
SEPTEMBER 30<sup>th</sup> AND OCTOBER 1<sup>st</sup> OF 2021**

## ORGANICER

Liga Vallecaucana de Triathlon

## WITH THE SUPPORT OF:

Pan American Triathlon Confederation -PATCO

Ministerio del deporte

Comité Olímpico Colombiano

Federación Colombiana de Triatlón

Gobernación Del Valle del Cauca

Indervalle

Alcaldía De Calima Darién

## EVENT AUTHORITIES

General director: Wilmar Alberto Osorio

FEDECOLTRI Representative: Juan Manuel Velasco Díez

PATCO Technical Representative: Cinthia Quilo

PATCO Referee: Felix Molina





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## CATEGORY

The category under 21 (U21) includes athletes in the age range from 16 to 21 years old, with date of birth between 2000 and 2005.

## DISTANCES

### Sprint distance

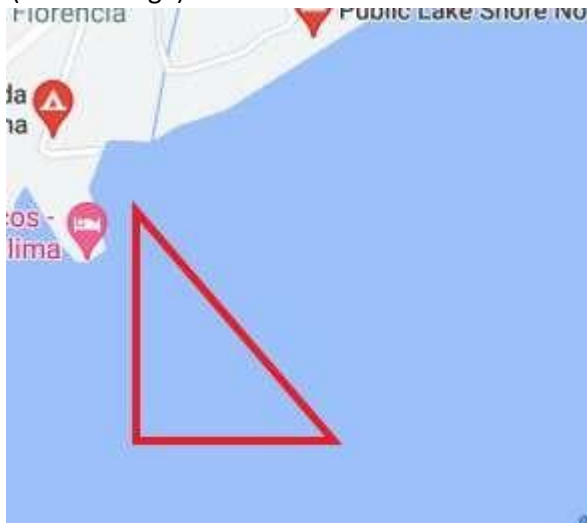
(750m swim + 20Km bike + 5Km run).

- Swim: 750 m. (1 lap of 750 m. at public entrance # 4 Lago Calima).
- Bike: 20 Km (4 cycling laps of 5km, from la Parcelación Florencia up to 500m before De Berlín and back).
- Run: 5 Km (1 running course of 2.8km, from la Parcelación Florencia to Darién main park + 3 running laps of 800m, from Darién main park to firefighters returning by 6<sup>th</sup> street).

## SEGMENTS CHARACTERISTIC

1. SWIM – Public entrance # 4 Lago Calima

Lago Calima reservoir, water is usually calm and/or with weak currents, water temperature (23°C average).





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## 2. LAKE SWIM TRANSITION TO BICYCLE PARK

Lake shore, Lago Calima public entrance # 4, to Parcelación Florencia, on Darién principal road to Tableros; 400 m. approximately. Surface is a mix of grass, soil and pavement until bicycle park.



3

## 3. BICYCLE PARK ON THE MAIN ROAD "DARIÉN A TABLEROS"

Parcelación Florencia, on Darién main road to Tableros 150 m. x 50 m. approximately. Pavement Surface.





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4. BICYCLE PARK TRANSITION TO CYCLING CIRCUIT

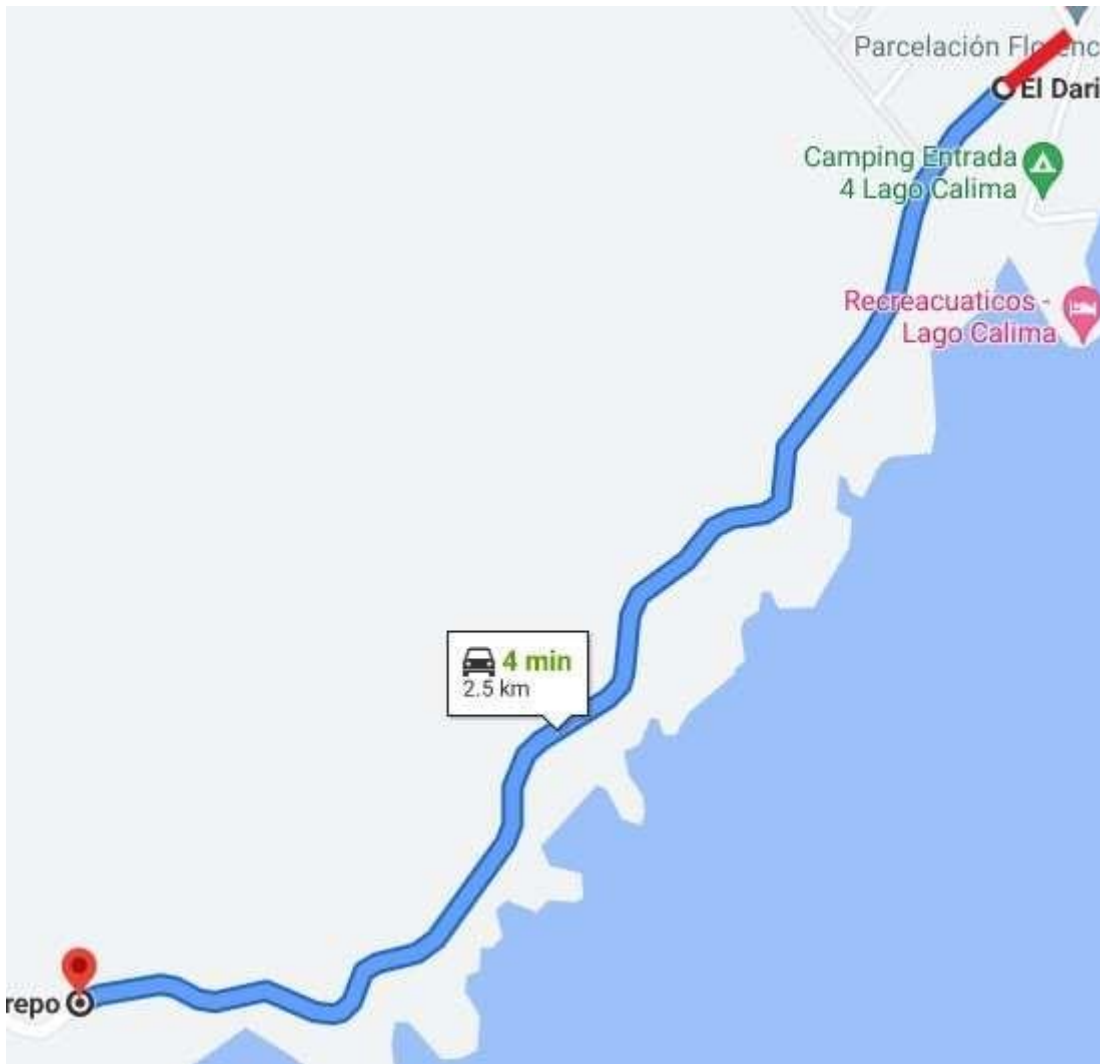
100 m approximately. Pavement surface.

5. BIKE

Cycling lap of 5km, from la Parcelación Florencia up to 500m before Berlín and back.

4 laps of 5km from entrance # 4 to 500m before Berlín.

Pavement on varied terrain.







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FEDERACIÓN COLOMBIANA DE TRIATLÓN



## 6. RUNNING

Pavement on varied terrain.

- Running course of 2.8km, from la Parcelación Florencia to Darién main park.





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- Running lap of 800m, from Darién main park to firefighters returning by 6<sup>th</sup> street.



### REGISTRATION

Registration to the event can be made via the official website of World Triathlon, Website [World Triathlon](http://www.worldtriatlon.com)





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## PRICE

Registration price / Category	Full
	20/09/2021
Junior Pan-American Test Event Under 21	100usd

To receive more information about the event, you can contact the Communications Department of the Liga Vallecaucana de Triathlon.

Email address: [livatri@hotmail.com](mailto:livatri@hotmail.com)



(+57) 314 8579265 – (+57) 321 5504322 – (+57) 317 5152818



[www.facebook.com/triathonvalle](http://www.facebook.com/triathonvalle)

7

- Athletes must provide proof of vaccination against Covid-19, with at least one (1) dose. During the registration process athletes will be asked to upload a copy of the vaccination card in PDF format.
- Everyone must do Check-mig to enter the country:  
[Pre Registro Web \(migracioncolombia.gov.co\)](http://migracioncolombia.gov.co)
- Colombia Covid-19 general information. [Información COVID-19 | Colombia Travel](#)
  - International travelers entering Colombia do not need a negative PCR. All travelers are required to fill out a registration form before entering the country. It must be filled 24 hours before departure at the following link: [migracioncolombia.gov.co](http://migracioncolombia.gov.co)
  - Nowadays, Colombia has 20 airlines in operation connecting 8 national destinations with 22 countries in the world.
  - A negative PCR test is not required for domestic travelers. Domestic travelers do not need to download and register into the movil app CoronApp
  - Information about Spain, from June 7, vaccinated travelers from all over the world will be able to enter to the country.
  - There are mobility restrictions in some destinations in the country depending on the level of contagion and occupation of the Intensive Care Units. However, since June 8, commercial establishments and other economic activities were reopened in the cities of Bogotá and





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Medellín, maintaining all biosafety measures (face masks, social distancing, hand washing, ventilation), prioritizing outdoor activities and capacity controls.

### SCHEDULE

<b>THURSDAY SEPTEMBER 30 – COLISEO EL DARIEN</b>
03:00 a 5:00 p.m. Athletes registration and kit delivery
5:00 p.m. Virtual Technical Conference Junior Pan American Test Event U21

<b>FRIDAY OCTOBER FIRST- PUBLIC ENTRANCE # 4 LAGO CALIMA</b>
4:40 a.m. Bicycle Park Opening for all categories.
8:10 a.m. Bicycle Park closure for Junior Pan American Test Event U21
8:30 a.m. Start of Junior Pan American Test Event U21 Men
9:10 a.m. Bicycle Park closure for Junior Pan American Test Event U21 Women
9:30 a.m. Start of Junior Pan American Test Event U21 Women
11:00 a.m. Award ceremony in Darién main park

### AWARDS

- All athletes who cross the finish line will be awarded a “Finisher” medal.
- Medals will be awarded to the first three places in the men's and women's event.

### RECOMMENDATIONS

#### ATHLETES MUST:

- Be responsible for your own safety and others safety.
- Use bicycle, wheels and attachments allowed by the WT competition rules.







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- Check the conditions of your own helmet.
- Run the **entire** competition with your torso covered.
- Make the entrance to the bicycles park at the established times.
- Execute the number of turns established in each segment and do not make roadblocks (turn before the buoys or returns).
- Goggles, swimming cap and wetsuit (if allowed) in the basket after swim segment/swimming.
- Helmet fastened before taking the bike off the rack.
- Mount after green line (mount line).
- Do drafting in a legal way, otherwise it will be penalized.
- Dismount before red line (dismount line).
- Unfasten helmet only after leaving the bike on the rack and no longer in contact with it
- Be aware of the penalties in the box penalty.
- Accept hydration only from the organization.
- Avoid the use of insults, aggressive, abusive and offensive language to any judge, support staff or athlete.
- Do not accept help from anyone during the competition.
- Return the chip after retiring or finishing the competition.
- The other rules will be governed by the current regulations of the **WT**.

### HONOR COMMITTEE

Dr. Iván Duque Márquez  
 Dra. Clara Luz Roldán  
 Dr. Héctor Fabio Zapata Arias  
 Dr. Guillermo Herrera Castaño  
 Dr. Ciro Solano Hurtado  
 Dr. Juan Manuel Velasco Díez  
 Dr. Carlos Felipe López  
 Sr. Wilmar Alberto Osorio Murillo

President of Colombia  
 Governor of Valle del Cauca  
 Mayor of Calima Darién  
 Sport minister  
 President Colombian Olympic Committee  
 President Colombian Triathlon Federation  
 Manager of Indervalle  
 President of Liga Vallecaucana de Triathlon





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## ORGANIZING COMMITTEE

General Direction  
Judges

Liga Vallecaucana de Triathlon  
Federación Colombiana de Triatlón

## JUDGMENT AUTHORITIES

Technical Representative: PATCO Referee: Felix Molina  
Referee: Felix Molina

## LOGISTICS

Federación Colombiana de Triatlón  
Liga Vallecaucana de Triatlón  
Consejo de Gestión de Riesgos de Calima  
Ejército Nacional, Batallón de alta Montaña No. 3  
Policía Nacional Calima Darién  
Secretaria de Gobierno Calima Darién  
Secretaria de Turismo Calima Darién  
Cuerpo de Bomberos Voluntarios Calima Darién  
Defensa Civil Calima Darién  
Inspector Fluvial Calima Darién

